

October 5, 2022

To: Jay Grande, Town Administrator

From: Joyce Stiles- Tucker, Director

c.c Elena Defoe, Roy Cutrer, John Cahill

Re: Monthly report

I am sending a brief report on updating what has been happening at the Senior Center the month of September. We have had a busy month. September is Falls Prevention month . We have had programs at the center addressing awareness of preventing falls. On September 20th, we had speakers talk about How to recover or get up from a fall, how to make your home safe to prevent a fall Ex: taking up scatter rugs, putting in railings, ramps, proper lighting.

In the month of October, we are going to have a Fall Gathering afternoon at the Senior Center from 2-4pm. On October 25. I am hoping the weather will permit us to have it outside on the deck like we had in June. If the weather is inclement, we will have it the function room. Of course, all will have to wear masks. We will have a Halloween theme. Will be sending out invites by email. I hope you will join us.

We are having Sgt. Max Sherman of TPD talk on scams that are occurring, on October 24 at 1 p.m.

We have had fish from the derby that we have been distributing. I would like to thank the following The People for their help in picking up and packaging the fish, Connie Teixeira, Eleanor Morad, Mary Ellen Larsen, Tristan Israel, Theresa Barwick, and Freddie Rundlet, and the Derby for the donation of the Fish for our Older Adults.

We have events planned for the upcoming holidays. Watch for Updates

		Jun-22	Jul-22	Aug-22	Sep-22
Phone		249	191	250	207
Office visits		75	58	65	76
Exercise		127	91	176	96
Knitting		0	0	0	0
Painting		0	0	0	0
Ukulele Grp		49	44	73	40
Food Dist.		2	2	4	4
Fish Dist.		0	0	0	51
Party Bridge		26	38	24	33
Diabetes Grp		3	0	0	3
Tap Dance Grp		0	0	0	0
Playreaders		69	88	90	53
BSO-Symphony		0	0	0	0
legal Clinic	A. Bergeron	2		5	4
Elder Law assist	assist.				
SHINE		1	0	1	0
Shopping	errands	7	7	7	7
duplicate bridge		32	60	97	0
Picture This -S.Klein		9	0	0	0
Book Talk		0	0	0	0
Poetry reading		0	0	0	0
Fuel Assist		0	0	0	0
General info		16	11	20	8
medical equip		7	5	6	1
loan					
Home visits		0	0	2	1
Outreach		47	1	10	13
Referrals		8	6	8	3
Bus pass		4	1	0	3
reassurance calls		134	115	168	144
Wellness checks		5	8	12	1
Holiday meals		1	0	0	0
Vaccine info	info	0	0	0	0
Tax Assist		0	0	0	0
Home safety progam		0	0	1	2
Summer/Fall Gathering	Gathering	21	0	0	0
Tech Support		0	0	0	0
Food Coupons		0	0	10	0
Falls Prevention		0	0	0	30
Yoga		1	2	2	1
Total		895	728	1031	781